

CAMPSAY: A Summer Camp For Young People Who Stutter

Builds Confidence, Communication, and Community

A HOME FOR EVERY VOICE

Join us at Camp SAY, the world's largest summer camp dedicated to young people who stutter. Camp SAY is an American Camp Association (ACA)-Accredited, two-week sleepaway camp for kids and teens who stutter, along with their family members and friends who don't, ages 8–18. Young people from across the country and beyond attend camp year after year.

Campers develop the skills they need to communicate more effectively, build self-confidence, and form lasting friendships. Camp SAY combines an exceptional traditional camp experience with specialized programs and activities designed to meet each child's individual goals and needs. We offer sliding scale rates for Camp SAY, including assistance for travel. No child has been turned away from our programming due to a family's inability to pay.



"With the guidance, support, and love that was so very evident, we watched our son show a side of himself that we did not know he was capable of expressing. Camp SAY will benefit his self-esteem and growth for years to come."

— Camp SAY Parent

ADVENTURE AWAITS

Camp SAY offers a wide range of exciting and enriching activities designed to build confidence, encourage self-expression, and help campers discover their unique interests and talents. Each day provides a mix of pre-assigned activities and camper choice time, where campers get to pick the areas that interest them most—helping them explore, grow, and connect. Activities include:

Arts & Crafts – Painting, drawing, photography, weaving, jewelry making, mixed media & more.

Outdoor Activities – Ropes & challenge course, zip-line, rock climbing, horseback riding, archery, campfires (for s'mores & stories) & more.

Sports – Basketball, soccer, kickball, tennis, & more all in a climatecontrolled sports pavilion.

Water Activities – Swimming in an extensive water-scape with a lazy river and splash pool.













ABOUT OUR CAMPSITE

Camp SAY is hosted at Morgan's Camp, a brand-new campsite in San Antonio, TX.

Morgan's Camp is a state-ofthe-art facility on 102 treestudded acres of rolling hills, featuring beautiful, air-conditioned indoor spaces created for most program areas, including cabins, dining hall, theater, basketball court, arts and crafts studio, and more! From granite countertops to temperature-controlled cabins, each bunk has twin extra-large beds, storage cubbies, and microban flooring throughout the cabin, so it's easy to sanitize. Each cabin has a front porch prime for relaxing and taking in the night air.

MORGAN'S CAMP

Morgan's Camp is an Ultra-Accessible™ camp, allowing everyone of all abilities to participate in activities.















FROM A SAY PARENT

SAY has been an incredible lifeline for many years. As my son's fluency ebbs and flows through the various stages of life and with his ever-changing sense of self, we count on SAY. We count on SAY to be his safe harbor when facing internal storms. When self-doubt or shame begins to crush him, SAY is always there with open arms, reminding him that he is not alone in this life journey.

As a parent, it's heartbreaking to witness your son shut himself down to prevent emotional pain. A pain caused by his struggle to do something many take for granted. Due to our fast-paced world, most places seem like hostile environments to him. Lately, the stress of stuttering has extinguished his bright smile, clever personality, and funny expressions.

SAY's programming offers kids like my son a respite from the real world. It brings out his beautiful smile and optimistic voice, making a tangible difference in his life. With SAY's support, he feels deserving of the time he needs to speak. Raising a teenager who stutters to be a confident young adult excited about his future would be almost implausible for us without an organization like SAY.

We're so grateful.



"When I was younger, I never wanted to speak...I was afraid of what was going to come out and how people would interpret it, but now through SAY, I'm not scared to say what I have to say."

— SAY Camper

FEEL BRAVE AND FREE

Camp SAY provides truly unique experiences that safely challenge young people who stutter, fostering a strong sense of achievement. Campers join a special team (or two) and, led by our talented staff, collaborate on a confidence-building journey toward a group goal—such as a championship game, an exciting performance, or another empowering project.

Our team is fully committed to creating an unparalleled environment of acceptance and encouragement so that each child's time at Camp SAY becomes one of the most meaningful and rewarding experiences of their life. Parents and campers consistently share that Camp SAY builds selfesteem and gives young people who stutter the crucial tools they need to advocate for themselves in everyday life.

MEET THE TEAM



RICH STEPHENSDirector of Camp SAY



TARO ALEXANDER
Founder of Camp SAY



TRAVIS ROBERTSON
Programming Director



PAIGE CAHILLTravel Coordinator



LEIGH PENNEBAKER
Visual Arts Director



DANIELLE LENEÉSenior Head Counselor

MORE SAY PROGRAMS

THE MY STUTTER PROJECT

The My Stutter Project offers an online space for young people who stutter to make friends with others who understand what they're going through, have a creative outlet, and learn new ways of advocating for themselves. This free online program offers community, support, and creative workshops for young people who stutter worldwide.

SAY: SPEECH

SAY's speech therapy program is led by speech-language pathologist and board-certified stuttering specialist Brooke Leiman Edwards, MA, CCC-SLP, BCS-SCF. It embraces a holistic approach to stuttering therapy that addresses the individual needs and goals of each child and family. We currently offer speech services to families all over DC, MD, and NY, ages 3-18, at sliding scale rates.

CONFIDENT VOICES

Confident Voices is SAY's free award-winning Creative Arts Program that empowers, emboldens, and inspires young people who stutter, ages 8-18, in NYC. In this space, everyone has as much time as they need to speak, and everyone is encouraged to share their creative, unique, and extraordinary ideas and imagination.

SAY: DC

SAY: DC is a free, mixed-age, creative arts program focused on self-expression, collaboration, and connection for ages 5-18.
SAY: DC programs leverage the power of listening, art-making, and community to open up new worlds of possibility for each participant. Most importantly, they are given the space to build confidence, communication skills, and lasting friendships.

ABOUT SAY

SAY: The Stuttering Association for the Young is a national 501(c)(3) non-profit organization that provides support, advocacy, and life-changing experiences for young people who stutter, ages 3-18. For over 20 years, SAY has offered comprehensive and innovative programs that address the physical, social, and emotional impacts of stuttering. Through summer camp, regional day camps, speech therapy, and creative arts programming, SAY builds a community of acceptance, friendship, and encouragement where kids and teens who stutter can develop the confidence and communication skills they need to thrive. SAY offers sliding scale rates for Camp SAY to welcome everyone. To date, no child has been turned away due to a family's inability to pay.



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